

# 2021-2022 ANNUAL REPORT

CANCER SUPPORT COMMUNITY OF THE GREATER LEHIGH VALLEY

During our 2021-2022 fiscal year, CSCGLV had **4,461 visits** to our programs and services

## PROGRAMS AND SERVICES



**43** educational seminars had **347** visits

*nutrition, chronic blood cancer, ovarian cancer treatment updates, fatigue, insomnia, living with uncertainty, lymphedema, advocacy, HER2+, image recovery, fitness & wellness, and immunotherapy*



**351** healthy lifestyle classes had **1678** visits

*yoga, expressive arts, Qigong, meditative practices, mindfulness, holistic practices, gentle movement, reiki, tibetan singing bowls*



**54** social programs had **406** visits

*short story club, jewelry making, seasonal crafting, special social celebrations, and mindful walking club*



**232** support groups had **1173** visits

*includes weekly and monthly groups for survivors as well as caregivers*



**13** Children/teen/family sessions had **188** visits

*PJ yoga party, scarecrow making contest, Halloween party, holiday celebrations, farm tour, and seasonal crafts*

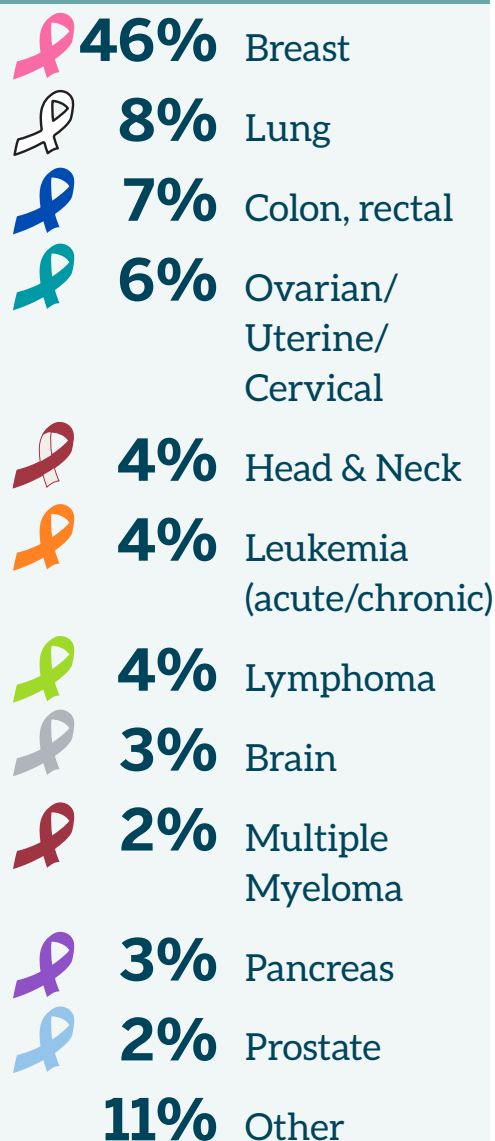


**669** individual services

*includes individual counseling support, wig salon and orientations*

## OUR MEMBERS

Cancer Types



## EVALUATION RESULTS

from fiscal year:

**100%**

*rated overall experience as excellent or outstanding*

**84%**

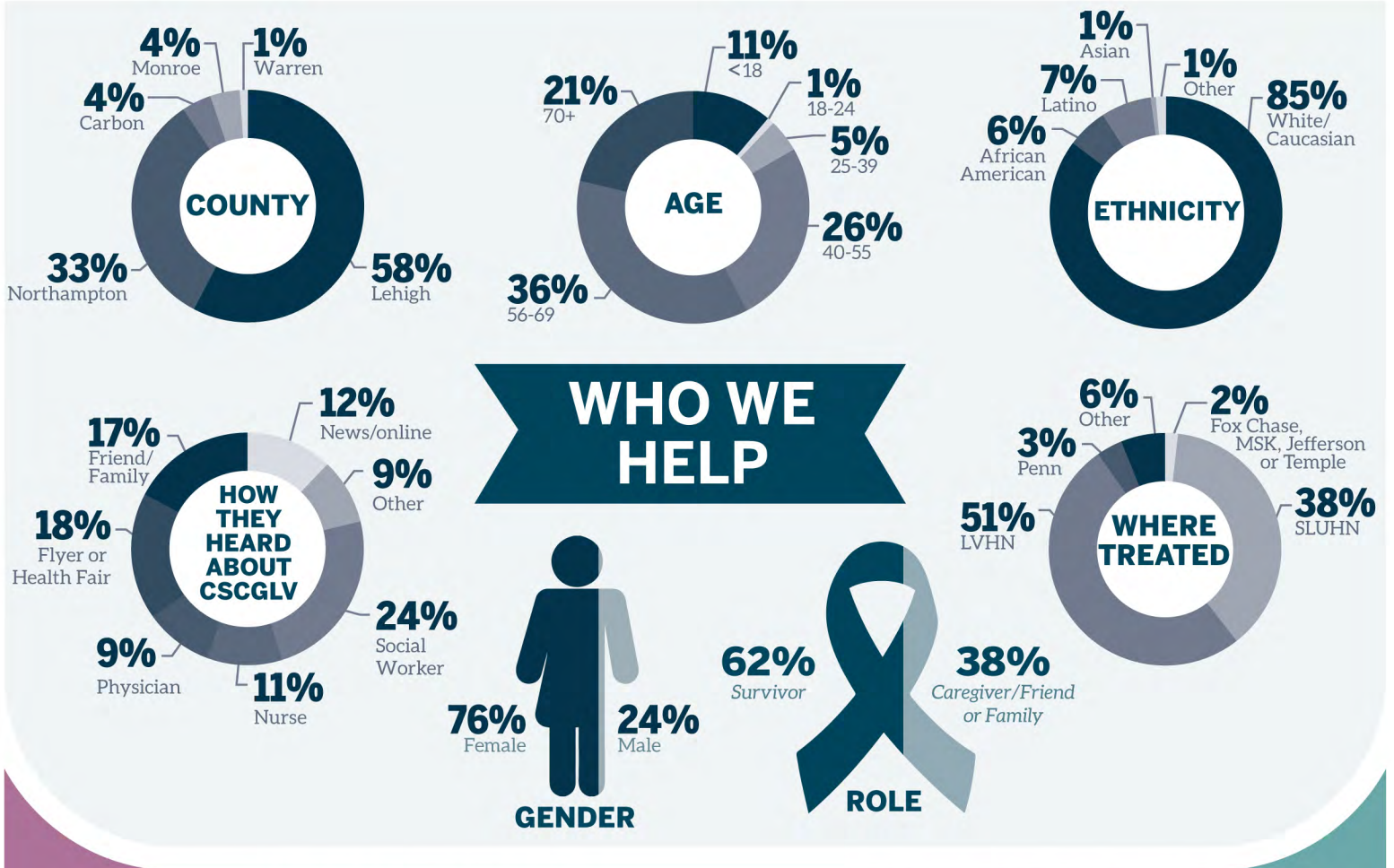
*learned more about their cancer experience*

**92%**

*felt more connected others*

**100%**

*gained something positive from attending CSCGLV*



## VOLUNTEERS



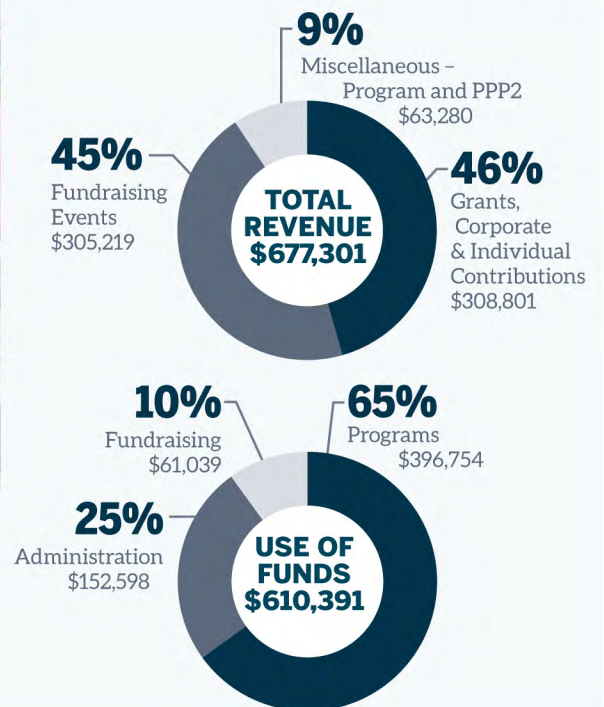
(July 1, 2021 - June 30, 2022)

**56** outreach events | **2,505** volunteer hours



The Strides For Hope Team is a group of CSCGLV volunteers whose mission is to promote community awareness and outreach through participation in walks/runs, races and wellness events throughout the Lehigh Valley. Last year, the group **logged 3,367 miles and participated in 6 events**, while spreading the word to the community about all the services CSCGLV has to offer!

## FINANCIAL REPORT



Our mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action and sustained by community