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Lehigh Valley, PA  
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# hope notes

SUMMER 2011

CANCER SUPPORT COMMUNITY-GREATER LEHIGH VALLEY ... so that no one faces cancer alone.

## Strides for Hope



The CSC-GLV Strides for Hope team participated in the St. Luke's Half Marathon and 5K on Sunday, May 1st. Our incredible team raised over \$19,500. 100% of this amount stays right here in our community, supporting cancer patients and families. What a difference they have made!

Special thanks to Debi Dahlinger our event chair.

Participating this year were *Anna Ames, Stephanie Bauer, Marci Carter, Melissa Coyle, Charlotte Franz, Michele Fritz, Jean Gerding, Barbara Greco-Potash, Grace Hochella, Michele Kereluk, Christina Kolenut, Karen Kucharik, Pat Lewis, Laureen Lyter, Sherri Marino, Jon Miller, Sharon Miller, John Quarmley, Becca Sarivan, Jen Sinclair, Mary Sinbaldi, Phil Tackett, Sean Untamo, Lissette Ventura, Christine Weaver and Pat Wilson*. Many thanks to our wonderful coaches, Linda Sharkey and Dana Donatelli for their excellent training and support.

For more information about our Strides for Hope team, please contact the Cancer Support Community at (610) 861-7555.

## Highmark Walk

This was the first year that CSC-GLV participated in the Highmark Walk for a Healthy Community. This event took place on June 11th, 2011 in Historic Bethlehem and benefited 23 local non-profit organizations. Highmark Blue Shield underwrites the cost of the walk so that 100 percent of the money raised by walkers goes directly to support the participating organizations.



Despite the rainy morning, the skies cleared in time for the walk and all those who joined us had a great time. We had over 100 registered walkers and raised \$6,020 which will go directly to our programs for families affected by cancer. Thank you to Highmark Blue Shield and to all those who helped us raise money for this event. We look forward to participating again in 2012.

## 14th Annual

### Charles B. Patt, Jr. Golf Tournament

This year's golf tournament, played May 25th at Woodstone Country Club, included 100+ golfers. Over 30 major sponsors and hole sponsors helped to make this event a success. The total amount raised this year was over \$19,000. Thanks to Doug and Don Patt and the whole Patt, White Real Estate family for supporting the Cancer Support Community again this year!



Doug Patt's golf foursome



## Wings of Hope - A Butterfly Release

Our 4th annual event will be held Saturday, September 10<sup>th</sup>, 2011 at 10:30 am in the Cedar Crest College Butterfly Garden, Allentown, PA.

The event is FREE and is a Celebration of Life where community members may honor or remember the lives of loved ones. The event features a grand release of 250 monarch butterflies, let go in honor and memory of all those who have faced a cancer diagnosis. It is a beautiful sight! We also have many activities for children, refreshments, raffles, and lots of butterfly themed items.

We also invite you to donate \$10 to sponsor a die-cut butterfly on which a loved-one's name will be written and displayed at the event. These butterflies can then be taken home and planted, as they are embedded with butterfly attracting flower seeds. For a \$50 donation you can also reserve a single butterfly to release yourself! – Limited quantities available.

This year, friends, family and co-workers are joining together to honor and remember loved ones affected by cancer. These groups get a personalized website and have the ability to collect donations online. If they reach \$500 in donations they get their own personalized "curtain" of butterflies and can add pictures, poems, testimonials, etc. Each curtain will be displayed at the event.

Last year's event was a tremendous success, which we hope to continue for years to come. For more information, please contact the Cancer Support Community at (610) 861-7555 or visit our website at [www.CancerSupportGLV.org](http://www.CancerSupportGLV.org).



Big smiles from Maddy and Amanda as they enjoy the festivities at the Kid Support™ wrap up party. Kid Support™ was a ten week series that was held at the Cancer Support Community for children and families affected by cancer. The feedback from all of the families was very positive. One parent shared "We really enjoyed coming to Kid Support. It gave both of us time to be around other families going through a similar situation."

## Hope and Healing Art Show

We were happy to partner with Healing Through the Arts on the first annual Hope and Healing Juried Art Show that was held at the Banana Factory from March 19th to May 15th. The show featured 38 pieces that were all created by local high school students on the theme of Hope and Healing. The show culminated in a reception on May 12th to honor the student artists whose pieces were highlighted. All of the artwork is donated to local hospitals to be hung in patient rooms.



Student artist Nicole Gencarelli beside her artwork

We thank Heather Rodale, Sarah Stoneback and Healing Through The Arts for allowing us the opportunity to participate!

For more information on next year's show, please visit <http://www.hhta.org>.



...so that no one faces cancer alone.

610.861.7555  
[www.CancerSupportGLV.org](http://www.CancerSupportGLV.org)

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The Cancer Support Community of the Greater Lehigh Valley is part of a national nonprofit organization that provides support, education and hope to people with cancer and their loved ones. Through participation in professionally led support groups, educational workshops and mind/body/spirit classes, people affected by cancer learn vital skills that enable them to regain control, reduce isolation and restore hope.

## *Letter from our Executive Director:*



This spring we celebrated our 7th year of helping individuals and families live well with cancer. Passing a huge milestone, we surpassed 18,500 visits to our free programs and services since 2004! As I look back over these years there are so many generous and special individuals that have contributed their energy, time, and personal gifts to CSC-GLV. Their passion has made a difference in so many lives. I was reminded of the impact of our programs when

I saw the reviews of our latest Kid Support™ program series. Parents and children alike reported they liked meeting other families because "only people in the same boat can relate", and "this program surpassed our expectations – we all loved it!" We are committed to making sure every adult, every child, and every family does not have to face cancer alone. With your continuing support we hope to reach another 18,500 visits and beyond!

Best Regards,

Marcie R. Grello, MPH  
Executive Director

## **Volunteer Highlights!**

I am Becky Morgan, the Program & Volunteer Coordinator at CSC-GLV. I have been a staff member in many capacities over the past five years. Currently I am recruiting, training, and working with the many volunteers that come through our doors.

In recent months our volunteer program has seen many changes. There are several new faces, like Julie & Natasha who are both work study students from Northampton Community College, and Cait & Andrew, our Bridging the Gap interns from DeSales University. After learning about us through the Volunteer Center, Daryn has joined our team doing weekly data entry.

Volunteers help us with countless tasks like computer work, calendar delivery, helping to plan an event and spreading the word about our programs. Our volunteers are extremely important to us, and ensuring that we have a successful volunteer program is vital to our mission and ability to meet the needs of our growing organization.

On behalf of everyone here at the Cancer Support Community, we want to extend a big Thank-You to all of our volunteers. Without you, we could not reach as many people affected by cancer as we do.

~ The best way to find yourself, is to lose yourself in the service of others. ~ Ghandi

## **Fighting Cancer With Style!**

May 31st - June 4th we celebrated the 37th annual Boutique at the Rink! Co-chairs Susan Haymanek-Domchek and Francie DeSalvio and over 300 community volunteers helped raise over \$145,000 for cancer services in the Lehigh Valley. Proceeds benefit St. Luke's Cancer Center, St. Luke's Hospice and Cancer Support Community of the Greater Lehigh Valley.

Boutique at the Rink is a sale of new and gently used clothing and household items generously donated by community members. This event is a Lehigh Valley tradition that we are honored to be a part of. We hope you can join us to volunteer, donate or shop next year!



Co-chairs Francie DeSalvio and Susan Haymanek-Domchek

Some of our wonderful volunteers

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## **THANK YOU TO ALL OF OUR SUPPORTERS!**

The following is a list of contributions - \$500 and greater - received between October 2010 and June 2011.

Thanks to the generosity of our donors, we are able to provide free programs of cancer support, education and hope.

#### **Donations \$20,000 +**

Susan G. Komen for the Cure  
The Vollrath Foundation

#### **Donations \$10,000 to \$19,999**

Cancer Support Community-Headquarters  
Celgene Corporation  
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Prudential Patt, White Real Estate  
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Women's 5K Classic

#### **Donations \$5,000 to \$9,999**

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Air Products And Chemicals, Inc  
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#### **Donations In-Kind**

Carrabba's  
Jangle Advertising  
Kremmer's Cafe and Catering  
Liberty Property Trust  
Northampton Community College  
Touchstone Theatre

## **Report from the Program Director**



~ forming new friendships



~ getting help across an unsteady path



~ reaching new heights

The stormy winter did not stall programming at CSC-GLV. Many programs were planned during those cold months to help cancer survivors learn how to prepare healthy foods, exercise safely, create a luxurious home spa, and let go of frustration with dance and movement! Transitioning into the much-anticipated spring, several new offerings were highlighted on our calendar.

- The performance piece, "Susan's Undoing," depicted one woman's experience with cancer. Members in the audience witnessed the performer rebuild her sense of strength and hope after a cancer diagnosis interrupted her life.
- During "Finding Strength Together: Building Foundations," a group of survivors and their loved ones faced daunting tasks during a Sky Challenge course that required them to work as a team, support one another, and push themselves past their own limits.
- Seven families joined CSC-GLV for a 10-week series titled, Kid Support™, where they learned problem-solving skills and relaxation techniques through group discussion, art activities, and games.
- Collaborations with local hospitals and organizations also helped CSC-GLV attain our goals in reaching more cancer survivors in our serving area. Offsite educational programs were held at Warren Hospital and Pocono Medical Center, while Lehigh Valley Hospital participated in a successful series in the Legacy program.
- The Leukemia & Lymphoma Society and the Young Survival Coalition of Greater Philadelphia also partnered with CSC-GLV to offer a special program for young adult cancer survivors.

In these past 8 months, our staff, volunteers, community donors and partners have supported us in many ways to conduct these programs to over 400 individual cancer survivors and co-survivors. We look forward to what's ahead!

Jen Sinclair, M.Ed., LPC  
*Program Director*

