

CANCER SUPPORT COMMUNITY OF THE GREATER LEHIGH VALLEY ANNUAL REPORT FISCAL YEAR 2012-2013

10 YEARS IN THE GREATER LEHIGH VALLEY



SO THAT NO ONE FACES CANCER ALONE. ®



www.cancersupportglv.org 3400 Bath Pike | Bethlehem, PA 18017 610-861-7555 *"Combining the will of the patient with the skill of the physician a powerful combination in the fight against the common enemy_cancer!"*

-Harold Benjamin, Ph.D., Founder of The Wellness Community



"Today, it is not possible to deliver good-quality cancer care without addressing patients' psychosocial health needs." -Institute of Medicine of the National Academies: Cancer Care for the Whole Patient: Meeting Psychosocial Needs; 2007 This year, the Cancer Support Community celebrates its 10th year in the Greater Lehigh Valley. Founded in 1982 by Dr. Harold Benjamin in Santa Monica, CA, the Cancer Support Community was initially called The Wellness Community.

Its hallmarks remain—to provide support, education, and hope through free programs in home-like settings so that no one faces cancer alone.

Among the early participants at The Wellness Community was comedienne Gilda Radner, whose friends established Gilda's Club on the east coast in her memory. In 2009, the two organizations merged into a 55-affiliate network, renamed the Cancer Support Community. While the affiliates benefit from the research provided by the international group, as well as from each other's Best Practices, each is administratively and financially independent. Thus, all money raised for the Cancer Support Community of the Greater Lehigh Valley stays local.

Since opening our doors here in 2004, we have served people in seven counties: Berks, Carbon, Lehigh, Monroe, Northampton, and Schuylkill, Pennsylvania, and Warren, New Jersey. We operate from offices in Bethlehem, as well as off-site premises at other community organizations.

Because all programs are free to participants, we rely entirely on contributions from foundations, corporations, fundraising events, and individuals to provide the financial means to operate.

In the Greater Lehigh Valley, 9,000 people are diagnosed with cancer each year. Many, many more—their families, friends, and colleagues—are affected by this diagnosis.



OUR MISSION

The Cancer Support Community of the Greater Lehigh Valley aims to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Our programs offering psychosocial support and education are an integral part of conventional medical treatment to help restore a sense of control, redefine hope, reduce stress and isolation and educate participants to better manage their care, regardless of the stage of the disease.

OUR ACCOMPLISHMENTS

We are very proud of our achievements. Each month, 350 people participate in nearly 70 programs. We have served 26,400 people in the Greater Lehigh Valley since opening.

Our participants show significant improvement in evaluating their quality of life:

- 96 percent reported an improved quality of life
- 95 percent reported reduced psychological distress and feeling less alone
- 93 percent reported an increased feeling of control
- 92 percent reported increased feelings of hope

The National Academies' Institute of Medicine's 2007 report notes the important role that psychosocial support plays in cancer care. The College of Surgeons' Commission on Cancer, an accrediting body for health care providers treating 70% of new cancer diagnoses, now mandates that members screen for psychosocial distress.

Philanthropedia, a GuideStar organization, has rated the Cancer Support Community the sixth most impactful non-profit working in cancer care.

Our community's cancer centers and oncology practices fully support us; our professional advisory board is composed of over 40 local healthcare professionals.



LETTER FROM OUR BOARD CHAIR

Judith A. Savchak, Sr. Vice President, National Penn Investors Trust

"Our steady, inexorable growth confirms the correctness of our decision to create an affiliate in this region." ~ Judy Savchak

Dear Friends,

In this past year, we have reached significant milestones: we celebrated our 10th anniversary in the Lehigh Valley; we forged a major partnership with St. Luke's University Health Network to provide services at its cancer center; we saw funding, participation, and programming increase substantially; we launched and continue to expand the Ambassadors of Hope, our community group; and we increased our visibility through television, radio, magazine and social media coverage. Our steady, inexorable growth confirms the correctness of our decision to create an affiliate in this region.

We know that the specialized programs and education that the Cancer Support Community provides impact cancer survivorship. Because we do not want to add to a family's financial burden or anxiety, all programs and services are offered at no cost—so that *no one* faces cancer alone.

Our community deserves comprehensive care, addressing both the physical and emotional aspects of cancer treatment. As survivorship continues to increase, the Cancer Support Community's important tasks also continue to grow—helping people manage stress and providing information to enable them to take an active role in their cancer care.

I hope the information in our Annual Report answers your questions and encourages you to join us so we can continue to offer the best support, education, and hope to our community in the Greater Lehigh Valley.

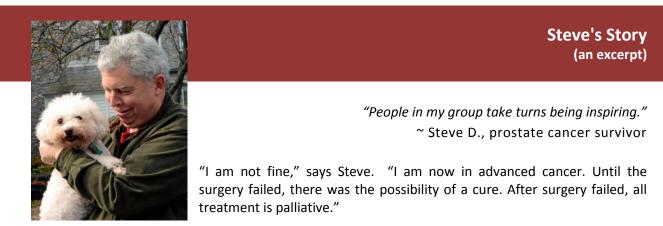
If you know people affected by cancer who will benefit from our services, please direct them to us.

Sincerely,

Judy Sauchak

STORIES OF HOPE

These Stories of Hope demonstrate how the Cancer Support Community of the Greater Lehigh Valley has changed the lives of two survivors and one caregiver.



Steve knows cancer well. His father died of prostate cancer, his brother died of prostate cancer, and for the past four years he has had advanced-stage prostate cancer. His treatment leaves him incredibly fatigued, hungry, and forgetful as he frequently searches for words.

In addition to taking medication, he changed his diet which he believes has extended his life. One of his Cancer Support Community facilitators suggested he attend a seminar at which a prostate cancer specialist recommended giving up meat and dairy, which Steve did.

Initially, Steve came to the Cancer Support Community for his wife, not himself. She no longer comes, but he does, often several times a week for jewelry-making, QiGong, Healthy Cooking, Creative Expressions, and the Legacy Project.

"When I was diagnosed, I was accepting," he continues. "The past is irrelevant as are the whys and why nots. Whether earlier surgery would have gotten the cancer is irrelevant. What is relevant is to make the most of the time I have. I am making the most of my life by talking to people more about basic things."

His voice is soft and contemplative. "There is a lot of give and take here. People in my support group take turns being inspiring. I like the sense of community. Communities are based on having something in common and wanting to help each other. That's what we do here."

Marilyn's Story (an excerpt)

"He found joy—if you can find joy in cancer—in every program here." ~ Marilyn C., caregiver for her husband

Marilyn's husband was fit from exercise, careful eating, no smoking, and regular visits to his doctor. He felt good, except for the gnawing pain in his hip that drove him from doctor to doctor.



Despite treatment, the pain not only lingered, but seemed to migrate toward his kidneys. Now he saw his urologist, who scanned his liver. When the results came back, he learned that tumors totally filled his liver, and that the pain he'd been feeling was from metastatic lung cancer. He had three to six months live.

"After my husband began treatment, I said we should see the Cancer Support Community. A friend told us about it," says Marilyn. "We were so frightened about the whole cancer experience that we were looking for outlets. **Where could we go where the two of us could be part of the group, and the group would understand what we were talking about?"**

So her husband joined the Tuesday Night Support Group, and Marilyn joined the Caregiver Support Group. Once they came to one group, they started going to others: cooking, drumming, visualization, pot luck dinners.

"My husband found joy—if you can find joy in cancer—in every program here....He felt warm and very connected," notes Marilyn.

The three-month and then the six-month markers passed, and he lived on. In fact, he lived for 23 months after his diagnosis. And for 20 of those months, he was fine, able to travel and dine out. He had a goal: to see his younger son be married in April, 2006.

He made his goal, and died four months later.

Debbie's Story (an excerpt)

"Recurrence is always in the back of my mind. At the Cancer Support Community, I would get hope when I saw other people." ~ Debbie C., breast cancer survivor



"On Christmas Eve, with my husband there, I was given my diagnosis of cancer," says Debbie matter-of-factly. And, just as Christmas Eve brought a diagnosis, the new year brought a mastectomy and the

removal of 17 lymph nodes; February brought six rounds of chemotherapy; August brought radiation. Although Debbie had no side effects from chemo or radiation, she developed lymphedema, causing tissues to swell and become infected, which, several years later, she continues to control with a compression pump and physical therapy two hours each day.

Debbie, an upbeat, strong woman, thought she could handle cancer by herself, in the same way she had handled her father's death at 16 and became her mother's caregiver. "Initially, I had no interest in coming to programs here. But then I realized that I needed to be with other people who went through what I went through. My husband and my family didn't get it," says Debbie.

"In my mind, I sometimes feel different, and I don't like that. But here, I feel **normal.** When I told friends I had cancer, their faces changed. I didn't feel as if it were a death sentence, but they did. Then they focused on the physical part, as if to say, 'Get through treatment.' But there are so many events you go through that they didn't understand."

Debbie continues, "I get a feeling of life and living. Recurrence is always in the back of my mind. Here, I would get hope when I saw other people."

For more Stories of Hope, visit our website: www.cancersupportglv.org

A NOTE FROM THE PROGRAM DIRECTOR PROGRAMS: THE HEART OF OUR WORK



This year saw expanded participation, innovative programming, an enlarged children's library, additional locations and new partnerships.

As part of our unflagging commitment to our participants, we want to ensure that our programs are accessible, which is one reason why our new partnership with St. Luke's University Health Network to offer programming at its cancer center is particularly exciting. And this is why we offer many offsite programs throughout Berks, Lancaster, and the five other counties we serve.

We also re-evaluate our programs continually to ensure they meet our high standards of satisfaction and quality-of-life measurements, relevance, effectiveness, and innovation. This year, for example, we launched a walking club, a book club, a movie club, Zumba, and more children's programming, including a vibrant library.

And, finally, this is why participation has grown: we are offering the community what it needs as it faces cancer.

Jen Sinclair

Jen Sinclair, M.Ed., N.C.C., L.P.C.

PROGRAMS

From July 2012 through June 2013, we...

provided 726 programs totaling almost 1,300 hours for over 3,900 cancer participants and their families. We offer programs during the day and evening, on weekdays and weekends, and at many locations in order to reach as many people as possible.

Licensed mental health professionals facilitate our support and networking groups. Local healthcare professionals provide instruction for educational programs, and our skilled facilitators help move the discussion to a deeper level. Practitioners who have attained their specialty's highest certification level teach our stress reduction classes. Compassionate instructors help us bring our overall sense of community into our programs.







IMPACT

Our comprehensive programming provided this past year:

- **65 networking groups** designed for people with similar cancers or life stages, including breast cancer and thyroid cancer, young adults, and families
- 156 weekly support groups for people facing the day-to-day challenges of a cancer diagnosis and treatment
- 4 bereavement support groups
- **2 Legacy Series** which guides people in searching their ancestry, as well as identifying future wishes while creating a legacy of love
- 215 gentle exercise classes like Yoga, Tai Chi, Pilates, Zumba, Qigong, and Walking Club
- 58 expressive arts classes like jewelry making, knitting, and art therapy
- 5 meditative classes like Heart Rhythm Meditation, drumming, and walking the labyrinth
- **42 educational classes** providing in-depth strategies, tools, and resources, including nutrition, treatment advances, side-effects management, and aromatherapy
- **19 social groups** to bring joy into people's lives including joke nights, Bingo, book swaps, and potluck dinners
- Yearly Kid Support[™] series for children who have cancer or family members with cancer
- **33 programs at St. Luke's Cancer Center**, for more convenient locations for those in treatment at any facility
- 12 Spanish-speaking groups

- **10 Open to Options**[™] sessions to help people individualize questions for their doctors
- **6 programs at Equil-ibrium** for pediatric cancer survivors to improve balance, confidence, self-control, and socialization through horseback riding
- **2 Breast-Cancer Survivor Days** for Berks and Lancaster County participants for stress reduction, education, and fellowship
- Comprehensive JAG Children's Library with books about cancer geared to kids





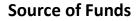
"I am grateful beyond words for the community that was in my corner throughout this journey." ~ Lauren W., breast cancer survivor

FINANCIAL REPORT

Grants & Contribs.

Events

Misc.



Total Revenue: \$505,250

Grants, Corporate & Individual Contributions: \$313,210

Fundraising Events: \$171,153

Miscellaneous: \$20,887

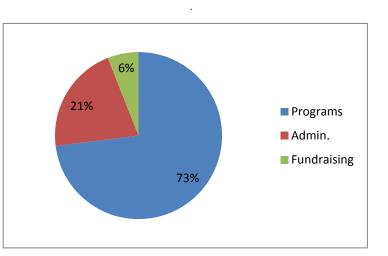
Use of Funds

Total Expenses: \$436,322

Programs: \$316,526

Administration: \$92,431

Fundraising: \$27,365



61%

4%

35%

As of June, 2013; unaudited

"Deliberately paying attention to the spiritual, emotional, family, and community connections makes all the difference in coping and recovery." ~ Dale S., testicular and kidney cancer survivor

BOARD OF DIRECTORS

Officers

Judith A. Savchak, President Virginia H. Voros, Vice President

Members

Carol E. Almond* Jane Brooks Marilyn Claire Paula Delahoz* Nerman Ferhadbegovic Joan G. Fishman* Sara George Pam Kennedy Suzanne H. Mason Saleem Mawji, Esq. Jeffrey A. McElhaney Jr. David Yandrasitz, Treasurer Joan Lardner Paul, Secretary

Mark Metzgar* Uday N. Parekh T. Kumar Pendurthi, M.D., Ph.D. Bill Reynolds* Rebecca Rij-Flynn Lee B. Riley, M.D, Ph.D. Heather Rodale Elizabeth Scofield Kim Spotts-Kimmel, Esq. Glenn Thomas

> As of November, 2013 * Term ended June, 2013

PROFESSIONAL ADVISORY BOARD

Mariette Austin, M.D., Ph.D. Stanley Banach, M.D. Neil Belman, D.O. Richard Boulay, M.D. Donna Bydlon, R.N. Mary Ann Cali, R.N. Nicholas Cardiges, M.D. MaryAnn Chupella, M.A., L.P.C. Nimisha Deb, M.D. Cindy Durnin Bruce Ellsweig, M.D. John Flenner, M.Ed. Nancy Sue Gardner, C.R.N.P. Kathy Ghia-McCusker, B.S.N., R.N., M.T.

Jim Goetz Lorraine Gyauch, M.A., R.N., C.T. Gregory Harper, M.D., Ph.D. Rev. Anne Huey Nancy Koch, M.S.W. Julie Kochanasz Melissa Kratz Kip Kuttner, D.O. Shanthi Lewis, M.D. Anthony Matejicka II, D.O., M.P.H. Lenore McGonigle, M.Ed. Carole Moretz, Ph.D. Alan Morrison, M.D. Marion McDonald, M.D Dorothy Morrone T. Kumar Pendurthi, M.D., Ph.D., F.A.C.S. Kamala Potter Sylvianne Prorok Lee Riley, MD, Ph.D. Jennifer Roeder Chand Rohatgi, M.D. Rosemary Sauers, R.N. Cynthia Starr, M.D. Nora Suggs, M.D. Rosemary Tarof Susan Toohey, M.Ed., M.A.

AMBASSADORS OF HOPE

We are grateful to the Ambassadors of Hope for their marketing and fundraising efforts. They have funded the JAG Children's Library, 12 Spanish-speaking groups, and a new program, Feeling Good Inside and Out.

Katherine Albarelli Kelly Berfield Shirley Biggar Samantha Bilan Llyena Boylan Peggy Brown Amanda Buss Jan Connell Tony DaRae **Robert Deets** Francie DeSalvio Kathy Feather Andrea Foucek Jane Fretz Susan Gumz Bill Hacker Susan Haytmanek Shelly Kaplan

Joseph Napolitano Brad Patt Don Patt Doug Patt Laura Quarmley Jenn Race Jeanne Reilly Claire Rij **Edie Ritter** Jan Ruhle Lauren Savchak Marcella Moyer Schick Jennifer Vandevoorde Kathleen Waterbury Reilly Kathy Weil Susan Wise Ilene Wood

As of November, 2013

"If there were a Cancer Support Community in our town, mom would have had more resources to help her with dad's care, and dad would have had a place where he could go to find hope and comfort." ~ Jane B., board of directors

FOUNDING MEMBERS

Accessories, Etc. Air Products & Chemicals, Inc. Anonymous **AXA Advisors** The Walter and Alma Bastian Foundation John and Shirley Biggar **Binney & Smith** Dr. Richard Boulay and Julie Bolton Llyena Boylan William Bradford Jane Brooks William and Susan Brooks Jim Byrnes Michael Caruso The Century Fund Robert L. Deets Dr. Thomas Dickson and Christine Larkin **Robert Ditmars** The Donley Foundation Embassy Bank for the Lehigh Valley Tim Emery First Presbyterian Church of Allentown Jeff and Kathy Feather **Fleming Foundation** Marlene "Linny" and Beall Fowler Charles A. and Leona K. Gruber Foundation The Neil Skip Hamsher Memorial Scholarship Fund Dr. Gregory Harper Jack and Nancy Harper Dr. George Hartzell Susan Haytmanek **Highmark Blue Shield**

Charles H. Hoch Foundation Holt Family Foundation Rev. Anne Huey IBM Jaindl Foundation Just Born, Inc. Robert D. Kaplan, Jr. Rochelle Kaplan and Robert Elbich Pat Kesling Keystone Nazareth Bank & Trust Don and Candy LaBarre **R.K.** Laros Foundation Lehigh Cement Co. **Clarence and Suzanne Mason** Jack McNairy Ken Mizerny The Morning Call Dr. Alan Morrison Joseph Napolitano Paul and Kay Nederostek Dr. and Mrs. Hugh J. O'Donnell Don and Nancy Orr Ortho Biotech Diana Patt **Georgine Patt** The Patt Family Patt, White Company Realtors Sylvia Perkin Charitable Trust Chad and Lynn Paul David and Joan Paul Mike and Beverly Piosa **PPL Corporation and Affiliates**

Sylvianne Prorok J.B. and Kathleen Reilly The Dorothy Rider Pool Health Care Trust Herman and Claire Rij Edith Ritter Riverbend Designs Rodale Jay and Jan Ruhle Anthony Salvaggio Dr. Eric J. Schenkel and Susan Baum Lynne Schultz Ruth P. Seruga Foundation Rev. Cynthia Simmons Sovereign Bank St. Luke's Hospital Auxiliary Jay and Paulette Stiver Strawbridge's Two Rivers Health & Wellness Foundation Women's 5K Classic

"For a great many patients, cancer's effects continue long after treatment is completed."

~ Dr. John E. Niederhuber, Director, National Cancer Institute



THANK YOU FOR INVESTING IN OUR FUTURE AND THAT OF OUR PARTICIPANTS

\$10,000 +

John and Shirley Biggar Boutique at the Rink Jane Brooks Cancer Support Community-National Highmark Blue Shield Susan G. Komen for the Cure Philadelphia Affiliate Lehigh Valley Community Foundation Patt, White Charities Elizabeth Scofield and James Tanenbaum Cindy and John Sites The Vollrath Foundation Weintraub Family Foundation Women's 5k Classic

\$5000 - \$9999

Marilyn Claire The Hartford Keystone Nazareth Charitable Foundation Heather Rodale Judith Savchak and David Werley

\$2500 - \$4999

Air Products and Chemicals, Inc. Bank of America Matching Gift Program The Walter & Alma Bastian Foundation **Celgene Corporation** The Century Fund Robert and Francie DeSalvio Freedom High School Fritch Fuel The Charles Hoch Foundation Just Born, Inc. Susan G. Komen for the Cure, Northeastern PA Affiliate Lehigh Valley Health Network **Clarence and Suzanne Mason** Joan Lardner Paul National Penn Bank Uday and Amita Parekh **Jacqueline Parker** Herman and Claire Rij The Bill Sugra Memorial Fund

\$1000 - \$2499

George and Judith Arangio Foundation Trust Artificial Medical Intelligence Artisan's Salon and Day Spa, Inc. Nancy Berlin Bethlehem Morning Star Rotary Malcolm and Rebecca Briggs Capital BlueCross Jason Claire and Dr. Mark Dybul **Community Services for Children Eugene and Janice Connell** Crayola **DeSales Athletic Department** Easton Area Middle School 7-8 Nermin Ferhadbegovic Joan Fishman and Paul Brown The Gadomski Family Foundation Sara Anne George Todd and Cathy Holmes Hospital Central Services, Inc. Illinois Tool Works Foundation Dave and Pam Kennedy Lauren's First and Goal Foundation Leona Gruber Charitable Trust Donald and Patricia Lockard Lutron Electronics Co, Inc. Mass Mutual Financial Group Jeffrey McElhaney Northampton County Medical Society Alliance, Inc. Don and Diana Patt **Douglas and Georgine Patt** J.B. and Kathleen Reilly The Rider-Pool Foundation Jay and Jan Ruhle Melinda Scheel Kim Spotts-Kimmel Kevin Sprague and Ted Rosenberger St. Luke's University Health Network Jay and Paulette Stiver Trumbower Hospital Foundation, Inc. Virginia Voros Wells Fargo Foundation

\$500 - \$999

Aesculap-Division of B. Braun Allied Inspection Services, Inc. American Bank Nancy Amici Arbor Insurance Group, Inc. **Christopher Bagge Dean Bartholomew** Stephanie Bauer Glenn and Lee Ann Baumer Ross and Wendy Born James Bristol Buckno Lisicky & Co. Campbell Rappold & Yurasits, LLP Lawrence Center Paula and Rafael Delahoz East Penn Business Machines, Inc. Edwards Business Systems Embassy Bank for the Lehigh Valley Jeffrey and Kathryn Feather First American Home Buyers Protection Corp Fraternal Order of Eagles Aerie #284 Glenn and Jane Fretz Jean Gerding Gross McGinley LLP Attorneys at Law Judianne Harris Michele Kereluk Klunk & Millan Advertising L & M Fabrication & Machine, Inc. Donald LaBarre Lehigh Valley Safety Supply Co., Inc. Harry Lukens Marks McLaughlin & Dennehy, Attorneys at Law Saleem and Fatma Mawji National Penn Investors Trust Co. Norris, McLaughlin & Marcus, P.A., Attorneys at Law **Brent and Debra Peters** Lisa Peterson Lance and Deborah Post Lauren Post **Prudential Fox & Roach Realtors** William and Nancy Reynolds Dr. Eric Schenkel and Susan Baum Jennifer Sinclair Steven Slaski Spark Marketing Communications Stiegler, Wells, Brunswick & Roth, Inc. Rose Marie Trabosh Ilene Wood

\$250 - \$499

69 News (Marantha Broadcasting Co., Inc.) Aesthetic Surgery Associates

Kathryn Albarelli Carol Almond Amazon.com Giftwrap Program Anonymous **Kelly Berfield Boyle Construction** W. Douglas and Peggy Brown **Burkholders HVAC** Concannon, Miller & Co., P.C. Cordes and Kim Snyder **Cornerstone Consulting** Rev. Thomas Dailey Todd and Linda Donnelly East Penn Business Machines East Penn Imaging East Stroudsburg High School South Michael Edelman Embassy Bank for the Lehigh Valley Joan Epstein and Iris Klein ESSA Bank & Trust Faulkner Chevrolet Cadillac Andrea and Oldrich Foucek David Fretz Mary Frey **Michele Fritz** Melinda Gaspar Robert and Ellin Gosselin Mark and Susan Gumz H & R Block Hominy William Hacker Jan Haley-Schwoyer Susan Haytmanek and Dennis Domchek Hotel Bethlehem **IronPigs Charities** Edward Jones **Rochelle Kaplan and Robert Elbich** Dr. Tricia Kelly Doug Koffel Kratzer Elementary School Marianne Mann McDermott Investment Advisors, LLC Mark Metzgar Joseph and Lisa Napolitano Diane Nowakowski Anthony Pawlowski Pendurthi Surgical Associates **QNB** Bank John and Laura Quarmley Dr. Terence and Jeanne Reilly Edie Ritter **Robert Deets & Associates** Adrianne Rosenberg Edward and Carol Sarmir

Marcella Moyer Schick Richard J. Schiff Simcsuk Plumbing & Heating **Abigail Sparks** Donald Spieth and Llyena Boylan Robert and Lisa Spiro Margaret Stone The Fleming Foundation The Jewelers **Charles Tucker** UGI Utilities, Inc. John and Susan Van Den Elzen Mark and Jennifer Vandevoorde Viamedia **VSAS** Orthopaedics Irene Walsh David Yandrasitz Yo-Fresh Yogurt Cafe, LLC

\$100 - \$249

AD Computer A Jon Roberts Salon Mandisa Acevedo **Delores Allen** Duke Allen Allentown Symphony Hall George and Argie Andralis **Robert and Constance Archer** Christopher Armstrong Nancy Ball Lewis and Dawn Bandle **Richard and Joan Bass** Bauer Senior Associates, Inc. Mary Baunach **BCD** Travel Marion Beatty Lewis Behringer **Tony Benner** Ronald and Eileen Bianco BlackRock Matching Gifts Program **Richard Boandl** Mary Bongiorno Alan Bosch Dr. Richard Boulay and Julie Bolton Buckeye Tavern Amanda Buss Stephen and Sandra Camarano Martha Campano **Caruso Benefits** Roger and Debra Cassi Chrin of Delaware, Inc. MaryAnn Chupella Lisa Cipoletti and Michael Nechetsky

Joseph and Kathy Clinton **Richard and Kay Cogan** Cohen & Feeley Jeffrey Colfer The Cooney Group LLC Lois Cooney Donna Davis Dr. Darius and Anita Desai Devco **Diakon Lutheran Social Ministries** Barbara and Keith Dierolf The Dietrick Group Christina DiOdoardo Carol Dorey and John Berseth Michele Doyle Steven and Gale Drechsler Ronald Eichenberg Eyvazzadeh & Reilly Colon And Rectal Center **Eileen Flanagan** Mike Flanagan and Donna Catasein Bob and Regina Fleissner Carl and Mary Fluck **Tammy Flurer** FonFon Designs, LLC Bruce and Frances Fosselman Barnet and Lisa Fraenkel G. Michael and Jean Stakias Rev. Daniel Gambet Kevin and Geraldine Gaynor Mary Gedney Lori Gehris **Giant Foodstores** Joseph and Jennifer Gibbs Tom Grace Marcia Grant Margaret and Steven Grimes Philomena Gruppo **Douglas Gruver** H.T. Lyons Contractors and Engineers Hair Designs by Felicia Ortiz Robert and Elizabeth Hamill Hamilton Abstract Company Hampson Mowrer Kreitz Insurance Bruce Hargreaves and Stephanie Katz Norman and Diane Harpster **Cindy Harris** William and Margaret Hecht Heft Media **Highwood USA** Patrick Houghton and Elizabeth Schaub **Richard Hujsa** Michael and Michelle Huk Imagevolution

J & S Disposal Service J. S. Burkholder Funeral Home Marisa Jackson **Elaine Jones** Kavounas Real Estate Nick and Cathy Kavounas Bren Kim-Rastello **Kitchen Magic** Jeanne M. Klerr David A. Klein Real Estate Mitchell Kline Knopf Automotive, Inc. Donald and Sharon Kocher Dr. Wesley and Beth Kozinn Ronald and Mary Kuklinski Lehigh Valley Association of Realtors Lehigh Valley Carpenters Local No. 600 Martin and Monica Lemelman Robert and Jean Littner Lori Livesay Magellan Financial, Inc. **Daniel and Wendy Magocs** Joseph and Sharon Malia Joseph Mallee Mario and Richelle Mancini Susan Manela Marks Design Interiors, Inc.- Ethan Allen Ulla Martz Mass Mutual Matching Gift Center James McConnell Lenore McGonigle Anthony and Donna McHugh McNabbs Service and Repair Amy Meier Merck Partnership for Giving Michael and Kristin Daigle Irene Miller Stu Miller and Laurie Harford Dr. Alan and Judy Morrison David and Cheryl Mothena New Tripoli National Bank Northampton Area Community College Dr. Stephen and Sabina Olenchock **Open Heart Yoga And Wellness Center** Dan and Leanne Oswald Peter Oswald Paragon Transit Stavros and Kristin Patselas Bradley and Katy Patt Alan and Roberta Penn **Roger and Marie Phillips** S. and T. Pierce **Pillar to Post Home Inspectors**

Pizza Village IV PPL Prudential Patt, White Real Estate **Kimberly Raidline** Dr. Lee B. and Valerie Riley **RJ Harwick Photography Timothy and Cindy Roach** Linda Robbins **Rockland Financial Group** Erika Rohrbach Ronald and Jennifer Ruschman Barry and Linda Russin Dr. Joseph and Ashley Russo Patricia Russo Laure Rutt Dr. Havman Salib Sands Casino Resort Bethlehem John and Carol Sanford Lauren Savchak Frederick and Jane Schanstine Stacey Scholl Barbara Seifert-Sigmon Michael and Krisann Seislove Drs. S. Shah, D. Giangiulio, B. Ahmed, D.Popescu Banwari Sharma Janelle Sharma JoAnne Shilanskas Mary Jane Sickonic Elliot and Jill Smith Alan and Maryann Snyder Eugene Sobol Margaret Sorge Stahley Technologies, LLC Kenneth and Deborah Starace Jov Stear Bernard and Catherine Stinner **Glenn Stubits** Gary Tarola Glenn and Constance Thomas Tom Hall Auctions, Inc. Phillip and Diane Traupman Sara Trela Truth for Women Twin Ponds Integrative Health Center Viamedia Vintalk **Vogels Flowermart Vogt's Jewelers** James Walker **Richard Wall** Michael and Patricia Walters Westside-Hammer Electric Leonard and Elizabeth Wilensky

Lowell and June Wise Woodley Books, LLC Lori Wynne Scott Yandrasitz Rita Yob Steven and Kathleen Yost Sue Zimmerman

Under \$100

Elisa Acamovic-Fuerte ACR Powerwashing Paul Adamson Ravi and Suzanne Ahuja Debbie Albanese Scott Allinson Indira Al-Rashid Donna Altemose Lori Alter Susan Alwan Rosario and Pamela Amato Linda Amici Louis and Virginia Aimci **Richard and Sandra Amici** Stephanie Amici Trish Anderson **Dianne Andresen** Sara Andriotis Heather Antonioli Kathy Appleton Linda Arra Artfully Elegant **Tracy Arthur** Jennifer Ashley Naomi Azunie Andrea Bachman **Roseann Bagenstose** Gunnar Bagge Shelly Baker Robyn Barbosa Sharon Barfield **Debbie Barlieb** Joan Barlieb Autumn Barrett **Carol Barron** Mary Bartholomew Sallie Bartos Susan Bartos Donna Bassett **Daniel Bauer** Joan Bauer Laura Baylo Lauren Beahm **Richard and Donna Bealer**

Bear Mountain Butterflies Connie Bear Gaye Beatty **Emily Beaver** Sandi Becher **Emily Beck Rosie Beck** Sean Beck Sharon Beck Dr. David Beckwith Nancy Bectel-Vessek John Bedics Miriam Behar Mary Alice Beil Susan Beil Tammy Beisel Milton and Celia Belfer Allison Benicoff **Brianne Benner Richard and Joyce Benner** Carol Bennis Fran Bensign Mildred Bentler Kilipkumar and Neela Bera **Kelly Berfield Bonnie Berger** Craig Berger Susan Berman Jill Bernhard Corey and Melissa Bernstein William and Karen Berry Sharon Best Fred and Polly Beste Wendy Bickleman Kathleen Bielinski **Big Apple Fashions** Samantha Bilan Leslie Billowitch Debbie Bird Ray Bishop **Bits N Pieces** K. Bittner Joanne Bloom Mary Lou Bobo Wendy Body Steven and Anne Bogert Jeffrey and Debra Bohr Ed and Susan Bollinger **Rachel Bonano** Chaitra Bond Michelle Boneshak Deb Bonnes Geoff and Helen Borda

Thomas and Wendy Bortz Brenda and Dennis Bower Patrick Bower Sherri Bowman Natalie Boyko Pamela Bradley **Elizabeth Brainard** Dean and Sue Brannabend **Christine Braxmeier** Edward and Jennifer Brennan Mary Bretzuis David Bright Arlinda Brown **Beverly Brown** Jacqueline Brown Theresa Brown The Honorable Patrick M. Browne Barbara and Timothy Bruffey Sue Brunnabend Sylvia Bub Sandra Buchbinder **Faye Buchert** Sherry Bucsi Anthony Bufanio Chad Janine Burkholder **Kimberly Burstein** Paul and Ann Bussiere Sandra Butler Lorraine Buttner Jeninne Buzzard Sharon Cabral-Smith Kathy Calabrese Don Caldwell Jodi Campbell James Canone **Delores** Carl Linda Carraghan Joan Carter Carvel Ice Cream Jane Castro **Tracey Catera** Jerry Chappell Lindsey Chappell Jeffrey and Diane Charles Patricia Chassey **Robert Chia** Jackie Chrin John Christensen Neil Christensen Wendi Chua Eileen Ciszak **Civil War Preservations** Lorna Clause

Teri Cleckey-Young Raymond and Elissa Clusnitzer Marge Coffin Mildred Colgan Karen Connell Michele Connelly Pat Connelly Roger and Katherine Conrad Anne Cornfeld **Corporate Cuisine** Gina Costello Lisa Costello Eric Cottrell Kathleen Coughlin & Associates Kenneth Couls **Tina Courtright Brady Coyle** Donna Crabill Joanne Cramer Anthony and Beverly Cruche Madeline Cunningham Raymond and Joanne Curran Michelle Cuvo Paula Dahlenburg David and Karen Daley Harriett Daley Dave's Deli & Gelato Barbara Davis Chris and Elizabeth Dawson April DeBraganca Andrea Delong **Paul Demarest** Leona Demko **Richard and Ruth Derby** Jo Devlin Deb Dewalt **Betty Diamond** Donna Dietz Mary Dietzie Cheryl DiGiacomo John Dillman **Gayle Dimmick** Joseph Distasio Judith Ditzel Amy Dodson Beverly Dominy Charles and Susan Donaldson Pat Donnelly **Debbie Dopsovic Yvonne Dos Santos** Stacey Dougherty Douglas and Susan Patt **Diane Downing**

Integrated Health Solutions, PC Pat Drewry Ronald and Deborah Drexel Diane Dugan Terrence and Dolores Duggan William Duh Linda Dull Paul and Cynthia Durnin Walter and Barbara Dziura Karen Eager John Ebeling Carol Eck James and Grace Eckert Wayne and Shelia Eisenhart Susan Elton Jovce Ernesti Mary Ernst John and Kathy Essig Deb Evans Tami Evans Rebecca Everett The Express Times Keith Facchiano Gloria Fairhead **Cheryl Farrell** Madeline Farrell **Karen Fatzinger** Sharon Fazekas Anne Fehr Andrew and Marcia Felkay Barbara Fenstermaker Janet Fenton **Russell and Mary Fenton Calvin Fetherorf** Homer and Phyllis Finger Nancy Fiore David and Shirley Fisher Michael Fishman Theodore and Karen Fishman Rhonda Flaherty Pat Flamish Terry and Sally Flannery Barbara Flecksteiner **Rosemary Fliszar** Theresa Flizsar Erin Follweiler Hilda Fonzone **Richard and Beth Ann Force Rick and Megan Force** Doug Ford Gail Ford Pamela Ford Wayne Foster

Fox Optical & Gallery, LLC Darin and Lori Fox **Teresa Fox** Deborah Fracalossi Laura Fragnito Leon and Shirley Fritz Jean Fritzinger **Dave Froehlich Richard Frost** Marguerite Fuerst Albert and Celeste Fulcher Robert and Susan Gadomski Debbie Gaenzle Kevin and Kathleen Gain Lewis and Roberta Gaines Kathleen Gaines John Gajdos Sue Gallo **Rita Gambler** Sally Gammon James Gangale Brian Ganillo Brian Garcia Frank Garofalo Kathy Garrity Lawrence Gasda Sandra Gaspar Gary and Donna Gasper Laurie Gasper **Betsy Gaughan** Sandy Geiser Marlyn George Donna Georghion Sheryl Gerkovich Keith Gershman Nancy Gigler-Smith James Gilroy and Roxann Benny-Gilroy Annie Gimbar Gene and Ann Ginsberg Sally Girafalco **Girlfriends Boutique** Cathi Glanz Ronald and Linda Glickman Neil and Edyth Glickstein Joan Godoy **Beverly Goodfellow** GoodSearch Linda Gorr Tracy Graham Elissa Graner Donna Grant Holly Green Jim and Sharon Green

Karen Green Lindsey Greenwald Melissa Grim Jackie Gris Amy Groff **Rae Groller** Debra Gross Mary Grube Jackie Gudzinas Annie Gunbar Carol Guzy Lorraine Gyauch **Emmeline Hadeed** Dan and Judy Hager Marcia Hahn Hair Tech Denise Hall **Paulette Hamilton** Patrick and Shannon Hanlon John and Gail Hanzl Michael Hardon **Dwight Harris** Judianne Harris **Kim Harris** Tara Harris Randy and Bonnie Hartranft Hartzell's Pharmacy **Douglas Harvey** Suzanne Hastie Helen Hatfield Lisa Hauser Brenda Hawk Eileen Hayden Amy Hayes Ann Haymaker Jason Heckman Sandra Heiny Brenda Held William Henits Karen Henninger **Elanore Herbst** Sara and Kyle Herman Alicia Herzog Ralph and Nancy Hieb **Molly Higgins** Helen Higman Barbara Hill **Richard and Donna Hill** Scott and Debra Hippensteel Carla Hlatky Carolyn Hlatky **Rosemarie Hlatky** Melinda Hockenberry

Jennifer Hodge **Barb Hodick** Denise Hojnawski Linda Hollabaugh Robert and Fay Horvath **Cheryl Hosfeld** Marlene Hottle **Kimberly Houser** Phil and Mary Howe James and Valerie Hoyer **Charles and Carol Huber Ronald Hummer** Catherine Huzela Michele Huzela Jill Incalcaterra Wendy Ivankevich Avigail Jacobson Danya Jazembak JC Cleaners Tom and Cinda Jensen Elton Johnson Allen and Carol Jones Donna Jones Frank Jones Charles and Susan Kalan Elaine Kaplan Eloise Karp Charles and Carol Kastner Dr. Michael and Frances Kaufmann Stephen and Bonnie Kave Robert and Wendy Keim Andrew and Delores Kelhart **Dennis Keller** Julie Keller Theresa Keller **Barb Kemmerer Taylor Kendall Dorine Kenney** Bernard Keppel Eileen Kern John and Jayme Kerr Janet Keshl Pat Kesling Lynn Kessler Judy Ketterer **Barry Kibler** Kevin and Tracy Kichline Brenda King Barbara Kintz Tonya Kirkwood Dr. Corey Kirshner Kenneth and Susan Kirshner Alice Kisner

Gail Kitson Gail Klein Joyce Klein Rose Klim **Desiree Kline** Lynne Klinger Jim Klunk RoseAnn Kmetz **Troy Knauss** Thomas and Sally Kocis Jess Koenig Karen Kohler Mark and Melanie Kohler Ken and Phyllis Konner Maryann Kovach Janet Kralik David and Dava Krall Deb Krall Tina Krasnansky Erin Krauss **Diane Kravelick** Sharon Kresge Robert and Roberta Kritzer Walter and Kathleen Kruczek Karen Kuhn Kuhnsville Car Wash, LLC Lois Kunkle David and Robin Kunsman Tammy Kush Jessica Lamson Heidi Landis Sharon Landis Langman Psychological Associates, LLC Michael and Carole Langsam Suzanne Lapiduss **Grey Lawrence** Mark Lazorik Tom and Mary Leahy Henry Lehrich **Elizabeth Leicht Robert and Aimee Leicht Robert and Nancy Leicht** Stephen and Lisa Leicht William and Yevette Leicht Keith Lentz Joseph and Rhonda Lescowitch Lessig Oil and Propane Sharon Letson Adrienne Levey Joe Lewis Noran Libricz Karla Lino **Bill Lippincott**

Donald and Lois Lipson Mary Litsch Patricia Little Jane Litwin Shirley Lizutte Paul and Barbara Lockard Dr. Richard and Roberta London Deanie Long Chris and Jeanette Lorenzetti Nancy LoRusso James Luchetta Lois Lunsk Patricia Luther Robin Lutz Kathleen Lynch Sally Maader Andy Machulsky Nadine Mackas Madeline Macmechan Mary Maco David and Laura Madison Barara Maholick Elisa Mairena Laurie Makuta Jeffrey and Susan Male Gale Maleskey Kathryn Malia Michael Malia Rena Manela Kim Manfredi Jen Manthey Philip and Linda Manthey Sheldon and Lisa Margolis Laurie Marie Sherri Marino Carson and Virginia Markle Jeffrey Markle Chris Marron Gloria Marsh Luther Marsh **Darlene Marsteller Christian Martin** Marjorie Mason Roberta Mastro **Del Matsinger** Janet and Gary Matulis Eileen Maunsell **Blakely Mayrosh** Chris McAtee Maureen McAuvic Denise McCall Virginia McCook Amy McCoy

June McCracken Kathy McCusker John and Cathy McFarlane Sheryl McGehee Patricia McGettigan and Thomas Gillespie, Jr. Doug McHizzle Ashley McIntyre Katie McKelvey Leslie McKelvey Eric McLendon Jamie McShane **Barbara Meadows** Craig Medei Linda Medei Susan Meiser Metro Beauty Academy Rebecca Michael Lara Michalek Sharlene Michener Stacey Mika Ellen Millard Kern Donald and Dorothy Miller Holmes and Jeannie Miller Ida Miller Lisa Miller Morris Miller Thomas and Marlene Miller Gerald Millheim **Danielle Millross Deepak Mital** Carol Mitchell **Danielle Mitchell Christopher Moakley** Joan Moakley Janet Mock Sharon Mohap **Clarence and Esther Mohr** Gary Moll Michele Monaco Fran Montana Rondi Montanari **Roberta Monteyne** Stacey Montgomery Anthony and Ida Montuori **Dianne Moody** Judy Moon Jacqueline Moorhouse Patti Morgan Robert and Becky Morgan Carla Morris **Cindy Moser** Craig and Valerie Moyer Larry Moyer

Robert and Lauren Munden Irene Murray Marlene Nagle Paul and Kay Nederostek Judylee Negrete **Tina Neigh** Carol Neos **Ruth Newlander** Audrey Newton Patricia Nice Marianne Nichols Joy Nicholson Marites Nissen **Christine Nocera** Maggie Novey **Doris Novick** Stanley and Laurie Nowak Tom O'Brien **Crystal Ochs** George Oehmke Debra Offner **Tim Olewine** Esther Oliveria Michelle Olivier Julie Olsen Nancy Orlando Duane Oswald Kelly Oswald Pat Oswald **Heather Ottinger Beverly Owens Tina Owens** Mary Pacelli Sarajane Panovec Wendy Parker John and Claudia Paul Roberta Paul Adrienne Pauling PC Doc - Mac MD Frieda Peischler Karen Pelc Roberta Penn Shantia Perez Yokasta Perez Larry and Sally Persa Laurie Peters **Robert Peters** Victoria Peterson Elaine Petrosky Lee Phillips Phoebe Floral and Home Decor Donna Pierson Linda Piesner

William and Janet Pinaire Joseph and Jennifer Pinto Plasha Consulting Services, LLC **Dianne Plowman** Megan Post Robert and Lota Post Sean Post **Al Powers** Pat Praendulus Lesley Preiser John and Stephanie Presper Nancy Proctor **Ashley Pruitt** Queen of Peace Convent **Constance Rampulla-White** Marlo Raub Mary Rayner **Realty Executives** Jeffrey and Marilen Reed Mary Reed **Christopher Reeder** Jane Reeder John Regel Natalie Reid Susan Reilly Sherri Reily **Deborah Reinhard** Ms. Rosemary Reitz Nicole Renzetti Sandra Renzetti James Reppert **David Reznick** John and Diane Ricker Frank and Mildred Rieder Shawn Riker Amanda Robichaud Gilbert and Allene Rock Linda Roeder Lech Mary Rohrbach Barbara Romano **Crystal Romano** Rev. Canon Gwendolyn Romeril Martin and Ellen Rosenberg Jacob and Robin Rosenberger **Evelyn Ross** Kathy Ross Shirley Ross George Roth **Dale Rothrock Chris Rotzell** Juliette Roy Marilyn and Andrew Roznowski Earl and Jean Ruch

Robin Ruhmel Christina Russo Ruth Ryan Steve Sachs Laurie Salazar **Georgette Sallit** Jane Salverio **Carol Samson** Bonnie Sankovsky Norman and Jett Sarachek Becca Sarivan George and Mary Sasara Cheryl Saul Lisa Savchak Elsie Savitz **Donald Sayler** Larry and Joan Saylor James Scandola **David Scarselletti** Elaine Schadler Carol Scheid MaryBeth Scheid-Tannacore Donna Schellenberger Joseph and Rita Scheller Kathy Scherman Jack and Nancy Schildt Terri Schmidt Mary Scholl Jaclyn Schrampf Michael and Robin Schultz Stanley Schultz June Schumacher Dr. Stuart and Jane Schwartz Kathleen Schwartz Carrie Schwarz Fred and Ellen Schwarzwald David Schwindenhammer Robert and Donna Sclafani Bobby and Emily Scrobola Kevin and Ann Scrobola Stephanie Seaman Lisa Seher Shirley Seibert Pat Seiep Debbie Seiple Pamela Sell Renee Sell Brenda Semmel Louis and Deborah Serensits Jen Serfass Julie Sergent Linda Shagg Lynn Shampain

Baldev Sharma Bill Shaud Donna Shearer Dawn Sheldon Jeanne Shipe **Elisabeth Shively** James and Sandra Shriver Robert and Anna Siegel Sheldon and Delores Siegel Janet Sigley **Rebecca Silver** Herb and Teresa Sinclair **Gursharan Singh** Andrea Smith Bruce and Georgette Smith Carole Smith **Carolyn Smith** Cynthia Smith **Deirdre Smith** Jan Smith Joan Smith **Margaret Smith** Maria Smith Michael Smith **Colette Snyder** Donna Snyder Janet Snyder Jen Snyder Michelle Solgan Jen Sommer **Barbara Sommers Alyse Spinner Richard and Penny Spugnardi** Roland and Barbara Stahley **Bill Staples** Wendy Steed Joseph Steier Sheila Steier Barbara Steigerwalt **April Stevenson** Philip and Jennette Stier Laura Stone **Bob and Delore Stout Kelly Strauch** Susan Strauss Gregory and Donna Strobel William and Cheryl Struble **Cindy Strunk Marie Stubits Grace Suffices Ralph Sullivan** Tom and Yve Sullivan Kathleen Sulzer

Angela Supes William and Leslie Surita Eileen Swantek Jill Swantek-Koch Nick Swartz Darla Swinger **Rochelle Swoyer** Kathleen Szulborski A. Tabone Pamela Teichgraber **Texas Roadhouse** The Salon, Inc. Jamie Thomas Lynn Thomas Emmy Thompson Kristen Tilwick Mary Timko Claudia Timmons Amber Tokarzk Linda Tokarzk Steven and Jan Tomalis Michael Torbert John Torres George and Maggie Trabosh Tom Trenwith **Richard Triglia** Ashley Tripp Patrice Troman Robert Trombetta Frank and Pat Troxell Jan Tukeva Craig and Deborah Tully Helene Tyndall **Darcy Unangst** Melanie Unger Wendy Uricchio Tammy Van Fleet **Taylor Van Kooten** Holly Van Poots Tammy Vankooten Vastu Robyn Vercoe Joseph and Marion Vesely Cynthia Vestal Marguerite Vicario Carol Vilkauskas Anna Vishnevetsky Barbara Marx Vogel Cathy Vogel Martin Vogel Robert and Marcia Vogel **Bruce Vollman** Anne VonNeida

Ferdinand Wagner Nancy Wagner Howard and Rosalyn Walowitz Christine Walp Sharon Wardenski M. Wargo Linda Warren Kevin Wasielewski Ronald and Beverly Wasserman Stanley and Vicki Wax Loretta Weil Sara Weil **Diane Weinhold** Debra and Courtney Weinmuller **Stephen Weinstein** Timothy and Patricia Weis Janet Weiss Jill Weiss **Michele Weiss** Linda Weller Erika Welz Frank and Jody Wendt Jennifer Werkheiser Sue Wessner Mary Lou Westrick Tom Whalen Vicky Whitehouse Maye Whittington Robert and Isabel Wiley Fran Williams **Cathy Wimmer** James and Linda Wimmer Margaret Wimmer Jen Wininger **Emery and Carlene Wise** Lynn Wise Michael and Anita Wise Susan Wise Timothy and Deborah Wise Trena Wise-Schaumburg Fred and Rachel Wolsky Julie Worthington Arlan Wright Wunderler's Market **Ethel Yandrasevits Bruce Yetter** Tina York Meyer and Rae Zacharia Laura Zeligman **Emily Zimmerer**

Perry and Carol Zirkel Robin Zmoda Mary Zubris

In-Kind

ACS Fulfillment Center Adams Outdoor Advertising AARP Delores C. Allen Allentown Art Museum Nancy Amici Ashley Furniture Home Store Banko Beverage Company Stephanie Bauer Leslie Billowitch Campbell Rappold & Yurasits, LLP Carrabba's Roger and Katherine Conrad Dana Donatelli Susan Elton **Golden Pepper Productions** Eva Grayzel Hand Cut Crystal & Jewelry Barry and Joanne Hetzel Historic Bethlehem Partnership Just Born, Inc. Jeanne Klerr LA Fitness Lehigh Valley Style The Morning Call Nassau Broadcasting David Nemeroff Peter Oswald **Royal Furniture of Emmaus** Sands Casino Resort Bethlehem Elizabeth Scofield and James Tanenbaum **Kim Siegfried** Joseph Simitz State Theater for the Arts **Touchstone Theatre** Wegmans Wichryk Eye Associates, P.C. Woodstone Golf Club, Inc.